

Angel's Touch

Assisted Living

Angel's Touch Assisted Living * 1350 Angels Path, 394/400 Angels Touch Court
920-336-9137 * www.angelstouchcbrf.com or follow us on Facebook



Celebrating December Bingo Month

*Wear Packers attire on Fridays

Entertainer Fernando
1:30 pm, 400 Building
December 2

Holiday Dinner
All 3 Buildings, 4:30pm/6:00pm
December 4

St. Nicholas Day
December 6

Entertainer Tom
2:00 pm, 1350 Building
December 11

Poinsettia Day
December 12

Entertainer Jack
2:00pm, 394 Building
December 16

Winter Solstice
December 21

Christmas
December 25

Spinning into the Season

As the holiday season approaches, children gravitate to toy store windows to stare longingly at the wonders on display. Rarely do spinning tops make children's wish lists anymore, yet these toys are some of the oldest known to human civilization. A clay top discovered by archaeologists in Iraq's ancient city of Ur dates back to the 35th century BC—that's nearly 6,000 years ago! A wooden top dated to 1300 BC was found in King Tut's tomb. During the medieval era in Europe, *parish tops* measuring eight inches high and weighing two pounds were kept in town squares for play, exercise, and competition. Cultures all over the world have fashioned tops from whatever materials they have on hand, including fruits, nuts, seeds, and seashells. What makes these toys so fascinating and enduring? It's not just their simplicity, but the way they seem to defy gravity as if by magic.

Every spinning top is an experiment in physics. The toys remain upright thanks to angular momentum. In fact, precision balanced tops spun perfectly upright would spin forever if there were no friction between their points and the surface. However, this hasn't stopped engineers from trying to build a top that could conquer the laws of physics.

Traditional tops are still hand-built using a lathe and a discerning eye. The best of these handmade tops can spin for several minutes and even hours. New technologies now allow precise and perfectly balanced tops to be made on computerized machines using top-of-the-line materials. These tops cost thousands of dollars and may spin for hours. One top called LIMBO recently broke the world record by spinning for 27 hours, 9 minutes, and 24 seconds. How was this feat achieved? Hidden inside the top was a battery, flywheel motor, motion sensor, and a computer chip designed to monitor the top's stability and correct the motion of the spin. While LIMBO is not technically a top but a gyroscope, it is a demonstration of how far engineers will go to perfect this simple toy in an attempt to defy gravity.

Nefertiti or Bust

On December 6, 1912, a German archaeological team led by Egyptologist Ludwig Borchardt was working in Amarna, Egypt, when they discovered the workshop of the sculptor Thutmose. Thutmose was the official sculptor to the pharaoh Akhenaten, given the title "The King's Favorite and Master of Works." It was within Thutmose's workshop that Borchardt made his most famous and controversial discovery, the Nefertiti Bust.



Nefertiti was the Great Royal Wife of the pharaoh and Queen of Egypt from 1370 BC–1330 BC. The name *Nefertiti* means "the beautiful one has cometh forth," and Thutmose's bust ranks among the most beautiful and precious artifacts of ancient Egypt. Like Aphrodite among the

Greeks, Nefertiti is held as an icon of feminine beauty. No doubt, Borchardt recognized the value of the Nefertiti Bust the moment he laid eyes on it. He wrote, "Suddenly we had in our hands the most alive Egyptian artwork. You cannot describe it with words. You must see it." What happened after its discovery is a debate that still rages.

At the time of the bust's discovery, Germany and Egypt had agreed to share any significant archaeological finds. Some say Borchardt concealed the true value of the artifact in an attempt to smuggle it out of the country. Egypt claims that their officials were deliberately misled, while Germany claims that Egyptian inspectors were negligent in their duties. In the end, the Nefertiti Bust was brought to Berlin in 1913 and was not revealed to the public until 1924. Egypt immediately demanded its return. Germany refused. Today it resides in the Neues Museum in Berlin, but there is one more plot twist in the story of the Nefertiti Bust. Art historian Henri Stierlin has claimed that the bust is a fake, created by Borchardt. When the bust was admired by a German prince, Borchardt claimed its authenticity, and the lie has lived on ever since. It appears that Nefertiti is destined to remain as mysterious as she is beautiful.

December Birthdays

In astrology, those born between December 1–21 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change, the restless travelers of the zodiac. They are funny and enthusiastic, cherishing freedom as their greatest treasure. Those born between December 22–31 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and money.

Resident Birthdays

Bea – December 1
Margaret – December 5
Bob R. – December 15
Don – December 18
Irene – December 23
Cecily – December 23
Marie – December 27

From the Activity Directors Desk

With Christmas right around the corner it is the perfect time of year for hot chocolate, beautiful snow, and Christmas lights.

We have some exciting news! In the last couple of months, we have had an electric organ and a piano donated from the families of two of our residents. Now we have either a piano or an electric organ in each of our buildings.

Just a reminder our Holiday Party will be held on December 4th. We have two seating times 4:30pm and 6:00pm. If you have not made a reservation yet please do so ASAP!

We are looking for volunteers to sing some Christmas carols, play holiday music on our pianos, or to just come in and visit our residents. If you know someone, please contact Kassie to set it up.

Any questions or suggestions feel free to contact Kassie at (920) 412-6224 or email at kassie@angelstouchcbrf.com