



DEC. 2020

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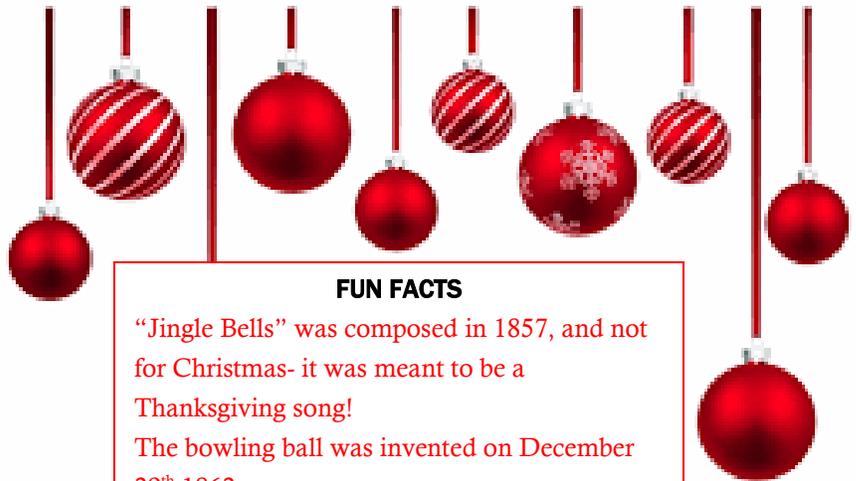
# Angel's Touch

Assisted Living



*Winter is the time for comfort,  
for good food and warmth, for  
the touch of a friendly hand  
and for a talk beside the fire:  
it is the time for home.*

*- Edith Sitwell*



### FUN FACTS

“Jingle Bells” was composed in 1857, and not for Christmas- it was meant to be a Thanksgiving song!

The bowling ball was invented on December 29<sup>th</sup> 1862

December 3<sup>rd</sup> 1976 the first heart transplant was completed.

According to some, December 28<sup>th</sup> is considered to be one of the “unluckiest” days of the year.

### Symbols of December



Stone: Turquoise



Flower: Holly



Zodiac: Sagittarius & Capricorn

In astrology, those born between December 1–21 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change, the restless travelers of the zodiac. They are funny and enthusiastic, cherishing freedom as their greatest treasure. Those born between December 22–31 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and money.

## "Special Dates"

- 12/4 National Cookie Day
- 12/8 National Brownie Day
- 12/15 National Lemon Cupcake Day
- 12/24 Christmas Eve
- 12/24 National Eggnog Day
- 12/25 Christmas
- 12/28 National Chocolate Covered Anything Day



- Bea S- 12/1
- Margaret L-12/5
- Bob R- 12/15
- Cecily S- 12/23
- Irene S- 12/23
- Marie H- 12/27
- Cheri M- 12/30



Resident of the Month  
Margaret Lindahl

Margaret Lindahl was married to Selmer (Sam) for 67 years. He unfortunately passed away 6 years ago. They dairy farmed Brown Swiss in Stoddard Wisconsin for over 40 years! Margaret did all the milking twice daily! Margaret is an EXCELLENT baker, she is well known for her homemade cinnamon rolls, buns and cookies! Yum! Margaret is also bilingual in English and Norwegian! She is a great loving mom to three beautiful daughters and one son. Margaret also celebrates a birthday this month, December 5<sup>th</sup> she will be 94! Margaret is such a sweet lady and we love having her here at Angels Touch with us!

