



APRIL 2017

Angel's Touch Assisted Living * 1350 Angel's Path, 394/400 Angel's Touch Court
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Celebrating April

Pathfinders Group
Building 1 2:00PM
April 1st

Gamblers Hockey Outing
Resch Center 3:05 PM
April 2

Entertainer Carrie
Building 1 3:30 PM
April 3rd

Entertainer Jeff
Building 2 2:00 PM
April 12th

Easter Pie and Ice Cream Social
All Buildings 1:00 PM
April 15th

Easter
April 16th

Entertainer Daniel
Building 3 2:00 PM
April 19th

Earth Day
April 22nd

Arbor Day
April 28th

Easy Being Green

For 47 years, April 22 has been celebrated as Earth Day around the globe. Today, Earth Day organizers are asking citizens around the world to do a "billion acts of green." Unsure what constitutes an act of green? Earth Day organizers offer some easy suggestions.

A step that will relieve both the earth and your mailbox is to end junk mail. Over 100 million trees are cut down every year to produce junk mail, producing four million tons of advertisements, catalogs, and solicitations thrown into the trash. Often, a telephone call to those sending junk mail can take you off their mailing list.

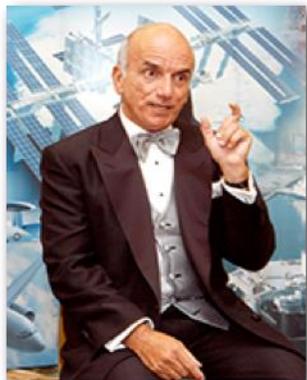
Many appreciate the value of recycling paper, plastic, and cans, but few understand the value of recycling old computer parts and obsolete technology. Technology develops so fast that it is no wonder many people toss their cell phones and laptops into the garbage, accounting for 50 million tons of electronic waste each year. Many of these electronic parts contain lead, mercury, cadmium, and other harmful chemicals that leach into our soil and water. Luckily, most local governments have electronic recycling stations ready to accept old and obsolete electronics.

One of the biggest threats to the planet is plastic: bags, bottles, and packaging take 500 to 1,000 years to decompose. Using less plastic, especially plastic grocery bags, is a great way to act green.

Changing old habits is hard, but current innovations are helping clean up some wasteful habits. "Green" buildings are being built that produce as much energy as they consume. New batteries can store energy for homes and businesses in a way that reduces pollution. Energy is being harnessed from solar panels, wind turbines, and even ocean waves. But if you'd still like to help Mother Earth the old-fashioned way, a great and enduring act of green is to simply plant a tree on April 28, Arbor Day.

Space Vacation

On April 28, 2001, outer space went beyond the realm of exploration and became a tourist destination. American engineer and millionaire businessman Dennis Tito paid \$20 million to become the world's first space tourist.



Dennis Tito was no stranger to space. He worked with NASA's jet propulsion laboratory in aerospace engineering before switching careers to investment management and consulting, where he made his fortune. Tito's vacation aboard the International Space Station (ISS) was not easy to book. NASA, worried about Tito's lack of professional astronaut experience, did not want to train him for a mission into space. NASA believed that there were just too many safety concerns, including too short a training schedule and Tito's age of 61 years. Tito was undeterred and found another ride to space from the Russians.

Perhaps the Russian Space Agency agreed to blast Tito into space courtesy of the \$20 million Tito was willing to pay for the ride. Or maybe it was because Russia was already planning a voyage to the ISS with one of its Soyuz space capsules. These Soyuz capsules are essential pieces of equipment for the space station, for they act as the station's "life rafts" in the event of an emergency. The capsules must be replaced every six months. Tito's trip coincided perfectly with the replacement of the Soyuz capsule.

After eight months of training in Russia, Tito and two Russian cosmonauts, Talgat Musabayev and Yuri Baturin, blasted off for the ISS, where they were warmly welcomed by the American crew manning the station. His six-day stay aboard the space station (and roughly eight days in space) was a childhood dream fully realized. Tito said that the trip brought "a sense of completeness for my life." It also heralded the beginning of a fantastic new space tourism industry.

April Birthdays

In astrology, those born between April 1–19 are Rams of Aries. As the first sign of the zodiac, Aries are energetic and assertive initiators. With bravery, zeal, and speed, they jump headfirst into life, confident that they can navigate any challenges. Those born between April 20–30 are Bulls of Taurus. Bulls are stable, reliable, and committed in both work and family. Bulls also appreciate love, beauty, and creativity, making them true romantics and lovers of the good life.

Bette Davis (actress) – April 5, 1908
Beverly Cleary (author) – April 12, 1916
Tom Clancy (author) – April 12, 1947
Wilbur Wright (aviator) – April 16, 1867
Al Pacino (actor) – April 25, 1940
Duke Ellington (bandleader) – April 29, 1899

Resident Birthdays

Cora H. – April 1st
Ruth M. – April 8th

From the Activity Directors Desk

Hopefully we will start seeing a bit more of spring this month. With warmer weather comes outings and walks outside. We are planning on rescheduling the bowling outing this month.

Just a reminder that we will be hosting an Easter pie and ice cream social on April 15th at 1:00 PM in all three buildings. No reservations are required but we ask that you please limit the number of guests to six per resident.

We have shadow boxes by each resident's room that can be filled with pictures and small objects that let us know a little about what makes him or her special. If you would like the activity staff to assemble them, please drop off the materials and let us know.

Any questions or suggestions please feel free to contact Kassie at 920-412-6224 or kassie@angelstouchcbrf.com