

Angel's Touch Assisted Living * 1350 Angel's Path, 394/400 Angel's Touch Court 920-336-9137 * www.angelstouchcbrf.com or follow us on Facebook



Celebrating July

Picnic Month

Independence Day (U.S.)

July 4

Entertainer Jacks Keyboard 1:00, 1350 Building July 12

Entertainer Tom Malta Johnny Cash Tribute 1:00, 394 Building July 13

RSVP Deadline for Picnic *July 15*

Entertainer Eddie's Guitar 1:00, 400 Building July 27

Family Picnic 5:00, Under the Tent in the Parking Lot of 394/400 Featuring Food, Carriage Rides, and Entertainment July 27

Bag the Plastic

All around the world, more and more communities are considering bans on single-use plastic bags or even charging five cents for each bag used. Why is there such a sudden outcry against using these bags, which are so commonly found at supermarkets and convenience stores? Sadly, while a plastic bag may be used for mere minutes, it takes hundreds of years to disintegrate. The truth is that plastic bags have become one of the biggest sources of pollution in the world. With one million bags in use around the world every minute, it's no wonder that a raft of plastic garbage twice the size of Texas, known as the Pacific Trash Vortex, is drifting in the northern Pacific Ocean.

On July 3, people around the world will celebrate International Plastic Bag Free Day by opting not to use plastic bags. So what are some alternatives to plastic? The most common solution is to carry your own reusable canvas bags when you go shopping. Many stores have made it easy on customers by selling cheap and reusable tote bags in the checkout line or even offering free cardboard boxes.

Perhaps the most enraging solution has been to charge five cents for use of a plastic bag. While many customers have shown deep disatisfaction with the policy of paying for bags at checkout, the system has been shown to decrease the use of plastic bags. Studies of Argentina's pay-for-plastic bags system show that it can change the shopping behaviors of customers, enticing many to carry their own bags. By asking customers during checkout whether they have bags or would like to buy some, customers were no longer able to ignore the problems caused by plastic bags. They were reminded of their environmental impact each time they shopped. As a result, even if they did not agree with the system of charging for plastic bags, they began to use their own reusable bags.

Jump for July

On July 20, 2006, German professor Hans Peter Niesward from the Institute for Gravitational Physics in Munich claimed that he had convinced 600 million



people in the western hemisphere to celebrate World Jump Day. Everyone would jump at the same time and knock Earth into a new orbit. The result? Extended daylight hours. A more uniform climate around the world. The end of global warming. And a great big laugh. It turns out the entire holiday was a hoax. Professor Niesward was actually a German artist named Torsten Lauschmann. Of course, this hasn't stopped people from jumping on July 20. Not to fear, scientists have done the math, and 600 million jumping humans could not affect the axis or orbit of Earth, which weighs 100 trillion trillion pounds.

Gorgeous at Any Age

Everybody knows that we should respect our elders, but it's important to also acknowledge their beauty. At least that's the rationale behind Gorgeous Grandma Day on July 23. One 59year-old grandma in England named Stephanie claims that she is so beautiful she has made men cry while waiting in line at the supermarket and caused traffic accidents just by walking down the street. What's the secret to aging beautifully? Ten thousand followers regularly seek advice from Melissa, a 60-year-old online beauty guru and grandmother of seven who offers plenty of tips on how to style your hair, piece together a nice outfit, care for your skin, choose the perfect jewelry, and apply makeup. Or perhaps we should ask 60-year-old supermodel and grandma of two Yasmina Rossi, who did not get her big break until age 45. Her secret? "I scrub my skin once a week with olive oil and sugar. I eat an avocado a day and organic meat and fish," she says. Unimpressed by these young 60 year olds? Supermodel Carmen Dell'Orefice, 84, refuses to let age stop her from being beautiful. How did she persevere in an industry dominated by youth? "I stood up for age," she says. That's a beautiful sentiment that is more than skin-deep.

July Birthdays

In astrology, those born between July 1st and 22nd are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony. Those born between July 23rd and 31st are Leo's Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is a Leo's mascot. Whether it's in Hollywood or in the home, Leos accomplish their goals.

Richard Petty (race-car driver) – July 2, 1937 Ringo Starr (Beatle) – July 7, 1940 Tom Hanks (actor) – July 9, 1956 Ginger Rogers (dancer) – July 16, 1911 Natalie Wood (actress) – July 20, 1938 Lynda Carter (actress) – July 24, 1951 Gracie Allen (comedian) – July 26, 1906 J.K. Rowling (author) – July 31, 1965 **Residents**

Jean V. – July 3 Agnes L. – July 11 Patrick B. – July 15 Alice J. – July 18 Pat K. – July 22

Alice M. - July 31

From the Activity Directors Desk

You are invited to join us for our annual Family Picnic on July 27, at 5:00 PM. We will provide the food, and beverages under the big tent located in the parking lot off of Angel's Touch Court. Davisters Sunny Point Stables and Carriages will be back again to provide horse drawn carriage rides around the neighborhood. Jack will be on hand to provide us with all our old time musical favorites on his keyboard. We will also offer the crowd favorite; build your own Sundae Bar.

If you plan to attend please contact Lena at <u>arlena_leurquin@yahoo.com</u> or text or call and leave a message at 920-680-2420 by July 15.

Just a reminder we can accommodate students looking for volunteer hours for school by contacting Lena.

We will be attending the Brown County Fair on August 18. If you would like to join us feel free to contact Lena for more information.