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Celebrating September

Labor Day (U.S.)
September 2

Read A Book Day**
September 6

Pre-Grandparents Day**
Cookie Decorating
2:00 PM, All Buildings
September 7

Grandparents Day
September 8

Entertainer Rodger
2:00 PM, 1350 Building
September 9

Entertainer Eddie
1:30 PM, 400 Building
September 18

Entertainer Daniel
2:00 PM, 394 Building
September 23

First Day of Fall
September 23

Walk to End Alzheimer's **
September 28

World Heart Day
September 29

A Brief History of Argentina

Sebastian Cabot was the explorer who, in September of 1527, built a fort at the confluence of the Paraná and Carcarañá Rivers, thereby establishing the first European outpost in present-day Argentina. There is no better time than September, Hispanic Heritage Month, to celebrate these beginnings. Intrigued by rumors of silver and gold in the region, Cabot renamed the main estuary *Río de la Plata*, or River of Silver. Alas, Cabot never returned, and his fort was destroyed less than two years later.

The story of the settlement of Argentina really begins with the Jesuits, who agreed to play peacemaker between the King of Spain, the conqueror of Argentina, and local aboriginal peoples. When Jeronimo Luis de Cabrera founded the city of Córdoba in central Argentina, it became a Jesuit stronghold. The Jesuits established the Universidad Nacional de Córdoba in 1613, and it remains one of the oldest and most valuable centers of education in South America. Our current Pope, Pope Francis, is a Jesuit from Argentina, and is the first pope from the Americas and the first from the southern hemisphere.

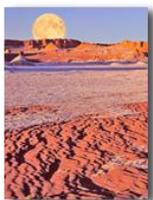
While Córdoba was the epicenter of life during colonial times, Buenos Aires is the cultural and political capital of Argentina today. On July 9, 1816, Buenos Aires formally declared its independence from Spain. Several years of fighting would pass before Argentina, along with Peru, Paraguay, and Chile, would win independence. Buenos Aires officially became the capital in 1880, and soon ranked among the major European capitals of the time. Construction booms led to tall buildings, an underground railway, wide avenues, and vibrant arts centers. Despite several government shake-ups and decades of economic chaos, Buenos Aires continues to be a flourishing capital city. Argentina ranks as one of the world's major tourist destinations, and, unlike Sebastian Cabot, visitors return to Argentina again and again to enjoy its cultural riches and natural wonders.

Into the Wild

Humans have settled 77% of Earth's surface, so what places are left unexplored? This September, Wilderness Month, we will take a look at some of the world's wildest places.

Antarctica definitely tops the list of one of the wildest and most remote places on Earth, but who would want to go there? For those interested in cold and inaccessible places, far from the touch of civilization, there is the Kamchatka Peninsula in Russia's Far East. It is Russia's land of fire and ice, thanks to its proximity to the Arctic and its many volcanoes. It harbors an abundance of wildlife, including brown bears, wolves, reindeer, mountain sheep, whales, sea eagles, and the breeding grounds of the spoon-billed sandpiper. The peninsula was off-limits to outsiders until 1990 due to its strategic importance to Russia's submarine bases.

Papua New Guinea also remains one of the world's least-explored places. Scientists believe that many of the world's undiscovered plants and animals live deep within the rugged, inaccessible jungles of the country's interior. Due to a lack of infrastructure, travel to and around Papua New Guinea is extremely limited.



For those looking for an otherworldly experience, there is the barren yet beautiful Atacama Desert of Chile.

This high mountain desert gets almost no rainfall. Its 40,000 square miles is covered in salt basins, sand,

and lava. In fact, it is so devoid of life that NASA uses it to replicate conditions on Mars. It is so far from light pollution and radio interference that it is one of the best places in the world to spy on the universe, which is why two major observatories have been constructed here.

How much longer will such wild and untouched corners of Earth exist? No one knows. But there is still ample time to protect these pristine natural jewels. It may be as easy as following the old explorer's mantra: "Take only pictures, leave only footprints."

September Birthdays

Those born between September 1–22 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industriousness makes them smart problem-solvers and fact-finders. Those born between September 23–30 balance the scales of Libra. Libras epitomize fairness and balance, often striving to minimize conflict and seek compromise. They achieve this with their charming, sincere, and lovable personalities.

Resident Birthdays

Ruth V. – September 21

Mark H. – September 23

Mark B. – September 24

Priscilla – September 27

Elwood – September 29

From the Activity Directors Desk

It's hard to believe summer is over! Where did the time go? Fall is fast approaching and that means its time for apple picking, cooler weather, falling leaves, sweaters, and everything pumpkin spice. With that being said we are eagerly planning a small trip to the Botanical Gardens that would take place in September. Details will be posted on the main entrance doors for all of our buildings.

For Grandparents Day we will be hosting our Cookie Decorating Social. This social is for anyone who would like to come and decorate a cookie with their loved ones. It will take place on September 7th at 2:00pm (kids included). As usual we ask that we limit the number of guests to 7 per resident so we have enough room for everyone. Reservations will need to be in by September 4th. Please call or text Kassie at (920) 412-6224 or email at kassie@angelstouchcbrf.com